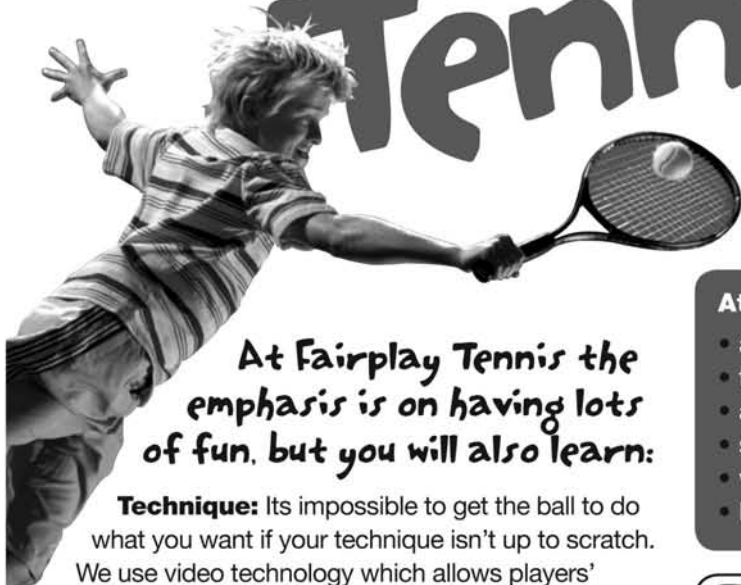


# Fairplay Tennis



At Fairplay Tennis we believe that the best way to learn is through having fun! We'll teach you all the aspects of the game that you'll need to become a tennis star of the future!

We are running tennis camps throughout the year at **Oxford City Lawn Tennis Club, Glanville Rd, Cowley.** ( Situated in the grounds of Oxford Community School - the tennis club is situated on fields behind the school). The camps are for boys and girls aged 8-16.

**At Fairplay Tennis the emphasis is on having lots of fun, but you will also learn:**

**Technique:** Its impossible to get the ball to do what you want if your technique isn't up to scratch. We use video technology which allows players' technique to be analysed in slow motion, making any errors easy to spot and correct.

**Footwork:** Movement is key in tennis. If you can't get to the ball in the first place it doesn't matter how good your shots are! We'll teach you how to make sure you're in the right place at the right time.

**Tactics:** Once you know how to hit the ball, we'll teach you where to hit it!

**Confidence:** self belief is crucial in tennis, especially when it comes to those big points. Learn how to hold your nerve and success will follow.

**Diet:** At Fairplay tennis we'll advise you what to eat and drink to optimise your fitness, energy and stamina, so you can play your tennis all day long.

### At tennis camp, you'll need the following:

- a tennis racket
- tennis shoes or trainers
- a packed lunch and plenty to drink
- sun cream (a hat/cap is always a good idea too!)
- waterproof clothing (we can't guarantee the sunshine!)
- lots of energy and enthusiasm!



### Seth Dixon

Head Coach Oxford City LTC  
LTA Licensed Tennis Coach  
BTCA National Member

#### contact:

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e: [seth@fairplaytennis.com](mailto:seth@fairplaytennis.com)  
[www.fairplaytennis.com](http://www.fairplaytennis.com)

### DATES AND TIMES

**Times: 9 am - 2 pm**

February – Mon 15th to Fri 20th

April – Mon 5th to 9th

Mon 12th to 16th

May – Mon 31st to Fri 4th June

July – Mon 26th to Fri 30th

August – Mon 2nd to Fri 6th

Mon 9th to Fri 13th

Mon 16th to Fri 20th

October – Mon 25th to Fri 29th

*February and October days finish at 1pm*

## REPLY SLIP

If you would like to book a place on this Fairplay Tennis camp simply fill in this form, indicating which dates you would like to attend and return this form to us at the address below. The price of each course is £120 (£100 if you are an Oxford City Member).

#### Name:

M  F  DOB: \_\_\_\_\_

Ability: Beginner  Intermediate  Advanced

Location and dates of camps you wish to attend:  
\_\_\_\_\_  
\_\_\_\_\_

Please send cheques to:

**Seth Dixon,**  
Cot Farm Cottage,  
Little Minster,  
Minster Lovell,  
Oxon, OX29 0RS

Please include an S.A.E. if you require confirmation of your booking.

Contact name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_

Email address: \_\_\_\_\_

Tel: \_\_\_\_\_

Mob: \_\_\_\_\_

Emergency contact: (if different from above) \_\_\_\_\_

Signed \_\_\_\_\_

Dated \_\_\_\_\_

Please note that 50% of the course fee will be refundable for any cancellation made more than 14 days prior to the starting date of the relevant camp. Fairplay tennis can except no responsibility for any loss or damage to personal belongings incurred at the camp.